



# The Sibley Report

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... the place to find valuable information to help make your job - and your life easier! If you have a topic idea or any other suggestions, please give our Editor - Angie Catenaro - a call. Sibley & Associates is a national disability management firm with a decade of experience, nearly 300 healthcare professionals and state-of-the-art technology. Our customers benefit from all the advantages a large company has to offer...while also benefiting from the "small business" customer service philosophy of our dedicated Insurance Services Division.

# Sibley

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## Spinal Cord Injury - Estimates of the Incidence and Prevalence in Canada

In your line of work, you probably read about and discuss a wide range of injuries, illnesses and disabilities everyday. With so much exposure to so many issues, it must be difficult to gain a strong perspective on the prevalence and incidence of various conditions. Ever wonder what the actual facts are? Here are some facts about the incidence and prevalence of spinal cord injury (SCI) in Canada.

How many people in Canada are currently living with SCI? With no conclusive study having been done in Canada, the Canadian Paraplegic Association (CPA) relies on the experience in the United States to estimate this incidence. For Canada, this translates into approximately 36,000 Canadians who are living with SCI.

Please see the attached for a brief overview of the spine and spinal cord.

How many individuals sustain a SCI in Canada each year?

There is an increasing trend towards more severe injuries in Canada. Estimated incidence in Canada is approximately 1,050 new injuries per year resulting in some level of permanent paralysis or neurological deficit.

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