



Reference Chart: Catastrophic/Serious Injury Services



The following reference chart defines the range of services available to your catastrophic/seriously-injured clients (listed by progression in the rehabilitation process):

Note: OT = Occupational Therapist, PT = Physiotherapist, RHP = Regulated Health Professional, RN = Registered Nurse, DC = Chiropractor

<p>Catastrophic/Medical Case Management (provided by a Case Manager, often an RHP)</p>	<ul style="list-style-type: none"> • beneficial for numerous situations: spinal cord injuries, acquired brain injuries, paediatrics, neurological disorders, multiple orthopedic injuries, burns, amputations, etc. • development of a comprehensive rehabilitation plan focused on addressing the client's specific needs and goals, creation of an effective rehabilitation team and effective management of the team to carry out the plan. • co-ordination of all services/treatments as recommended by treating specialists.
<p>Discharge Planning (provided by an OT or Case Manager)</p>	<ul style="list-style-type: none"> • proactive planning to ensure a safe and comfortable transition from hospital to home/alternative residence. • addresses all safety and accessibility issues, attendant care needs, transportation requirements and potential referrals to other services.
<p>In Home Safety & Accessibility Assessment (provided by an OT)</p>	<ul style="list-style-type: none"> • assessment of the client's pre-accident home to ensure it is safe and accessible based on his/her post-accident situation (temporary, short-term or long-term solutions may be necessary).
<p>Mobility Assessment (provided by an PT)</p>	<ul style="list-style-type: none"> • assessment of whether any special equipment is needed to safely maneuver post injury (walkers, canes, wheelchairs, etc.)
<p>Attendant Care / Activities of Daily Living Assessment (provided by an OT or RN)</p>	<ul style="list-style-type: none"> • assessment of the client's personal care activities and provides assistance and/or assistive devices to maximize independence. • includes a client interview, history, observation of self-care and homemaking tasks, as well as a physical assessment of strength and range of motion.
<p>Caregiver Assessment (provided by an OT)</p>	<ul style="list-style-type: none"> • assessment of the client's ability to look after dependents (e.g. children, seniors) in the client's home. • includes client interview, observation of tasks involved in caring for self and dependents, as well as assessment of the level of care needed for the children/senior(s).
<p>Community Reintegration (provided by a Case Manager or OT)</p>	<ul style="list-style-type: none"> • investigation of which services, after discharge, are available to the client from organizations such as Community Care Access Centre (CCAC), Canadian Paraplegic Association (CPA), and local Chapters of the Ontario Brain Injury Association (OBIA) and development of a plan for community integration that usually includes referrals to community-based services, treatment providers and physicians.

Coordination of Home/Vehicle Modifications (provided by an OT)	<ul style="list-style-type: none"> based on the in-home safety and accessibility assessment, coordination of referral(s) to the professionals who can provide the necessary home and/or vehicle modifications.
Motor Skills Functional Abilities Assessments (provided by an OT or PT)	<ul style="list-style-type: none"> assessment of the client's physical/functional abilities through a variety of standardized cognitive test batteries and functional testing in order to determine ability to perform essential duties related to work and activities of daily living. useful for those clients who have sustained a serious physical injury. (spinal cord injury, burns, amputations, multiple orthopaedic injuries)
Cognitive Functional Assessments & Cognitive Remediation and Treatment (provided by an OT)	<ul style="list-style-type: none"> assessment of the client's physical and cognitive abilities in the home using standardized cognitive screening tests in combination with activities simulation specific to the client's pre-accident/illness to determine safety issues and develop strategies to promote independence. following the assessment, cognitive remediation/intervention is used to assist the client in further developing strategies to maximize safety and independence.
Cognitive Demands Analysis (CDA) Cognitive Functional Abilities Evaluation (Cognitive FAE) (provided by an OT)	<ul style="list-style-type: none"> CDA: completed in conjunction with the client and employer to determine the cognitive demands of the job to compliment traditional Job Site Analysis (JSA). Ensures that individuals involved in the client's care understand what cognitive processes underlie the physical tasks. Cognitive FAE: is based on the client's cognitive abilities in relation to the cognitive demands of the job. this combined process ensures proper treatment / return-to-work-based intervention in the workplace.
Independent Medical Examinations (multi-disciplinary evaluators with diverse credentials)	<ul style="list-style-type: none"> objective review of the client's injury/disability and necessary treatment through objective medical examinations. wide range of evaluators, including: Orthopaedic Surgeons, Psychiatrists, Neurologists, Psychologists, Psychiatrists, Chiropractors, Occupational Health Doctors, Physiotherapists, Occupational Therapists, Registered Nurses and Massage Therapists.
Coordination of Neuropsychological/ Psychological/ Psychiatric Intervention (provided by a Case Manager)	<ul style="list-style-type: none"> co-ordination of necessary neuropsychological/psychological/psychiatric interventions and follow up as appropriate to implement recommendations.
Physiotherapy Assessment and in-home treatment (provided by a Physiotherapist)	<ul style="list-style-type: none"> provisions of physiotherapy services within the client's home on a one to one basis ensuring a proactive approach to maximize recovery

<p>In-Home Exercise Programs (provided by a PT and/or Kinesiologist)</p>	<ul style="list-style-type: none"> • provision of in-home exercise programs to promote function and recovery.
<p>Vocational Planning (provided by a Vocational Rehabilitation Consultant)</p>	<ul style="list-style-type: none"> • investigation of the client's ability to perform his/her pre-accident job with the same employer versus determining a vocational alternative with the same employer or a different employer. • testing process determines suitable jobs/occupations by identifying the client's personal vocational characteristics through evaluation of learning ability, academic achievements, vocational aptitudes and employment history. It also incorporates medical, physical abilities, social, and at times, psychological information.
<p>Transferable Skills Analysis (provided by a Vocational Rehabilitation Consultant)</p>	<ul style="list-style-type: none"> • identification of transferable skills for clients who need to find a new vocation and provides recommendations of suitable alternative jobs/occupations. Takes into consideration the client's educational background, work history, and special skills; however, does not include psychometric tests so information about aptitude and interests is not included. • computerized formats are available and, depending on the situation, an in-person meeting with the client may or may not be necessary.
<p>Vocational/ Psychovocational/ Neuropsychovocational Assessments (provided by a Vocational Rehabilitation Consultant, Psychologist, Neuropsychologist as appropriate)</p>	<ul style="list-style-type: none"> • identification of a client's personal vocational characteristics by evaluating learning ability, academic achievements, vocational aptitudes and employment history. • identification of the client's work potential from both a physical and psychological perspective, as well as from a cognitive perspective for those who have sustained a traumatic brain injury.
<p>Job Site Analysis / Work Site Evaluation (provided by an OT, PT or DC)</p>	<ul style="list-style-type: none"> • objective evaluation of the physical, environmental, cognitive, and ergonomic factors related to a specific job. • assessment of the client's abilities/limitations in performing the job so that an effective return to work program can be developed that will address these issues.
<p>Ergonomic Assessment (provided by an RHP)</p>	<ul style="list-style-type: none"> • assessment of the client's workstation re: modifications to ensure safety and comfort to promote a successful return to work.
<p>Job Search Skills Assistance (provided by a Vocational Rehabilitation Consultant)</p>	<ul style="list-style-type: none"> • development of effective job search skills, including resume and cover letter writing, interviewing skills, networking, accessing job market, etc.

<p>Work Trial/ Job Placement (provided by a Vocational Rehabilitation Consultant)</p>	<ul style="list-style-type: none"> • placement in a suitable job to provide the client with the opportunity to secure and maintain employment.
<p>Home Modifications (provided by a specially-trained Accessibility Consultant; often a barrier-free design company who has access to engineer/architect)</p>	<ul style="list-style-type: none"> • based on the in-home safety and accessibility assessment recommendations, a more in-depth assessment of the re-accident residence is conducted to determine the specific structural home modifications necessary to ensure a safe and accessible environment post-injury.
<p>Future Care Cost Assessment (provided by an RHP, ideally, who has attained the Certified Life Care Planner designation CLCP)</p>	<ul style="list-style-type: none"> • comprehensive detailed assessment of the client's current and future needs and quantifies the costs related to these needs over his/her life span. Future medical and vocational expenses are forecasted with the focus on maximizing independence, minimizing medical complications, addressing quality of life issues and, where appropriate, planning for productive work activity. • accommodation, attendant care, transportation, aids to daily living, medical expenses, professional services, education, pharmaceuticals, home modifications, vocational needs and all other associated costs based on the individual's disability are addressed.



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