

FEEL THE DIFFERENCE PROPER VEHICLE POSITIONING CAN MAKE

Most people don't realize how poor positioning in their vehicles can affect their health! Fortunately, assistance like a Vehicle Ergonomic Assessment can remedy positioning issues and provide education to ensure ongoing comfort, safety, and decrease the severity of injuries. Just with proper headrest positioning you can decrease your chance of injury. So don't become a statistic, make sure you are safe when driving!

CHECK YOUR HEADREST

Poor Positioning

More severe injury from a rear-end collision



HEADREST TOO LOW

CORRECT HEIGHT

Proper Positioning

Can decrease your chance of a soft tissue injury by 40%

