

The Sibley Report

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...the place to find valuable information to help make your job and your life easier! If you have a topic idea please call Angela Veri our Director of Customer Relations. Sibley & Associates is a national disability management firm with over a decade of experience, nearly 300 staff/consultants and state-of-the-art technology.

Predicting Severity of Whiplash Injuries

Wouldn't it be great if you could predict the severity of your clients' injuries? Just imagine how truly proactive you could be in foreseeing their future needs!

However, recently there have also been a few unique studies that focus on *prediction* of injury, as well as prediction of injury severity, following an MVA.

Although unfortunately none of us has a magical crystal ball, there is new research that should be helpful in assisting us in being as proactive as possible.

A main finding is that a myriad of rather unique factors - both physical and non-physical - can affect whether an individual will develop neck pain from a MVA. However, regardless of which risk factors are present, the overall conclusion remains that early intervention is the key to optimal recovery!

As most of us are aware, in 1995 the Quebec Task Force issued a thought-provoking report that was the first scientific review of literature pertaining to whiplash disorders.

These factors may assist both insurance and rehabilitation professionals in providing timely and appropriate services for high risk individuals.

Since its publication, numerous studies have followed that examine how whiplash may affect individuals involved in motor vehicle accidents (MVA). Most of these studies focus on the treatment and overall management of whiplash.

Please see the attachment for an overview of the prevailing research.

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