

The Sibley Report

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...valuable information to make your job and life easier! To suggest topics, please call Angela Veri, National Director of Customer Relations. Sibley & Associates is a national disability management firm with close to fifteen years experience, nearly 300 staff/consultants and advanced technology.

The Med-Rehab Insurer Examination: Lessons Learned

The Med-Rehab Insurer Examination (IE) is a useful tool in determining the current and future treatment needs of your client. It is helpful in two ways:

- To determine if the OCF-18 in dispute is reasonable and necessary; and
- To clarify what treatment is being provided.

Here are some tips to help you get the most out of your Med-Rehab referral:

- Obtain as much information as possible prior to the referral (e.g. OCF-3, OCF-1)
- Ensure that the clinic has provided you with their progress reports and any exercise-specific charts (to document that a progressive active program is in place).
- Check whether multiple healthcare professionals are on the file and, if so, choose one professional to comment on the entire plan. However, if the

services are divergent (i.e. physical treatment and psychological treatment) then choose multiple assessors to only review the discipline-specific portion of the plan (e.g. Physiotherapist reviews physiotherapy portion, Psychologist reviews psychological portion).

- Ensure that if you have already completed a disability IE that the results of this exam are made available to your med-rehab assessors. Diagnosis of impairments and disability are paramount in determining whether treatment is warranted or not.

To assist you when deciding whether to refer for a Med-Rehab IE, attached is an overview of things to consider when reviewing the OCF-18.

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